



BRITTON S PLEMMONS, DPM, AACFAS

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EMPLOYMENT

Longview Orthopaedic Clinic Association

Longview, Tx

Partner – Foot & Ankle Surgery

September, 1 2017 - present

POST GRADUATE TRAINING

Trauma, Reconstructive and Sports Medicine Foot & Ankle Surgery Fellowship at

Florida Orthopedic Foot & Ankle Center

Sarasota, FL

Director: James M. Cottom, DPM, FACFAS

2016 - 2017

Scott & White Memorial Hospital/Texas A&M University Health Science Center

Temple, TX

Podiatric Medicine & Surgical Residency

2013 - 2016

EDUCATION

New York College of Podiatric Medicine

New York, NY

Doctor of Podiatric Medicine

2009 – 2013

Texas Tech University

Lubbock, TX

B. S., Biological Sciences

2008

RESEARCH PUBLICATIONS

“A critical radiographic analysis of coronal plane deformity correction using a three piece mobile bearing ankle prosthesis: a prospective study of 25 patients”

Plemmons BS, Cottom JM

Journal of Foot & Ankle Surgery

2018

“The relationship between polyethylene insert size and complications in total ankle replacement”

Cottom JM, Douthett SM, McConnell KK, Plemmons BS

Foot and Ankle Specialist

2018

“Bone marrow aspirate concentration and its uses in the foot & ankle”

Plemmons BS, Cottom JM

Clinics in Podiatric Medicine and Surgery

2017

“Analysis of two different arthroscopic Brostrom repair constructs for treatment of chronic lateral ankle instability in 110 patients: a retrospective review”

Cottom JC Baker JS, Plemmons BS

Journal of Foot & Ankle Surgery

2017

"Correction of hallux valgus deformity in association with underlying metatarsus adductus deformity"

Shibuya N, Thorud JC, Martin LR, Plemmons BS, Jupiter DC

Foot & Ankle Specialist

2017

"Evaluation of hallux valgus correction with or without akin proximal phalanx osteotomy"

Shibuya N, Thorud JC, Martin LR, Plemmons BS, Jupiter DC

Journal of Foot and Ankle Surgery

2016

“Mortality after non-traumatic major amputation among patients with diabetes and peripheral vascular disease: a systematic review.

Thorud JC, Plemmons BS, Buckley CJ, Shibuya N, Jupiter DC,

Journal of Foot and Ankle Surgery

2016

“Wound healing simplification: a vertical and horizontal philosophy illustrated”

Plemmons BS, Pappalardo J, Armstrong D

Journal of Wound Technology

2013

NON-INVITED RESEARCH PRESENTATIONS

“Age related outcomes in total ankle arthroplasty”

Plemmons BS, Cottom JC, Douthett S

Nashville, TN

Presented - Scientific Poster – ACFAS Annual Scientific Conference

2018

“Relationship between BMI and complications in total ankle arthroplasty: a single surgeons experience in ninety-seven replacements”

Plemmons BS, Cottom JC, Baker JS

Nashville, TN

Presented - ACFAS ASC Manuscript Competition

2018

“Use of incisional negative pressure wound therapy decreases post operative wound complications with total ankle replacement”

Plemmons BS, Baker JS, Cottom JM

Las Vegas, NV

Presented - Scientific Poster – ACFAS Annual Scientific Conference

2017

“Analysis of two different arthroscopic Brostrom procedures for treatment of lateral ankle instability – a retrospective review”

Baker JS, Plemmons BS, Cottom JC

Las Vegas, NV

Presented - ACFAS ASC Manuscript Competition

2017

“A critical radiographic analysis of coronal plane deformity correction using a three piece mobile bearing ankle prosthesis: a prospective study of 25 patients”

Plemmons BS, Cottom JM

Las Vegas, NV

Scientific Poster – ACFAS Annual Scientific Conference

2017

“Relationship between body mass index and complications in total ankle arthroplasty: a single surgeons experience”

Plemmons BS, Baker JS, Cottom JM

Las Vegas, NV

Scientific Poster – ACFAS Annual Scientific Conference **2017**

“Use of Dehydrated Amniotic Membrane Allograft in Anterior Approach Total Ankle Arthroplasty”

Plemmons BS, Baker JS, Cottom JM

Las Vegas, NV

Scientific Poster – ACFAS Annual Scientific Conference **2017**

“Risk factors for malleolar fractures – an analysis of the national trauma database (2007-2011)”

Plemmons BS

Houston, TX

2nd Place – Post Graduate Manuscript Competition – TPMA Annual Meeting **2015**

“Adult acquire flatfoot: a progressive deformity illustrated”

Plemmons BS

1st Place – Case Presentation - TPMF Bandera Gathering **2015**

“Short-term results of hallux abducto valgus reconstruction: does patient age predict outcomes?”

Plemmons BS, Thorud JC, Jupiter DC, Shibuya N

Scientific Poster Presentation – ACFAS Annual Scientific Conference **2016**

“Intermetatarsal correction of bunion procedures is associated with preoperative intermetatarsal angle but not postoperative intermetatarsal angle”

Plemmons BS, Thorud JC, Jupiter DC, Shibuya N

Scientific Poster Presentation – ACFAS Annual Scientific Conference

2016

“Is the Severity of Preoperative Intermetatarsal Angle a Predictor of Postoperative Complications in Hallux Abductovalgus Surgery?”

Plemmons BS, Thorud JC, Shibuya N, Jupiter DC

Scientific Poster Presentation – ACFAS Annual Scientific Conference

2014

“Do Patient Demographics Affect The ACFAS Score Scale”

Plemmons BS, Kitterman RK, Shibuya N, Jupiter DC

Scientific Poster Presentation – ACFAS Annual Scientific Conference

2014

“A Rare Incidence of a Fibrosarcoma in the Plantar Foot that Mirrored Fibromatosis: A Case Report”

Plemmons BS, Monaco S, Delregno S, Chappell T

1st place poster - 2012 ACFAS Scientific Conference

2012

OTHER RESEARCH PUBLICATIONS/PRESENTATIONS

“Common sports injuries of the foot and ankle”

Invited Faculty

Sports Medicine Symposium, Longview, Tx– July

2018

“Lateral ankle instability and the Brostrom”

Invited Faculty

TXPMA Annual Scientific Conference and Business Meeting– June

2018

“Jones Fracture: Update on Current Trends”

Invited Faculty

TXPMA Annual Scientific Conference and Business Meeting– June

2018

“A closer look at minimally invasive approach to lateral ankle repair”

Podiatry Today – June

2017

“All inside” Arthroscopic Brostrom Repair for Chronic Lateral Ankle Stabilization”6th Annual Foot & Ankle Fellows Meeting

Pittsburg, PA

2017

“Tendon Ruptures In General: EHL, AT, PT, and Peroneals”

Co-author, Chapter – Trauma of the Foot & Ankle

ACFAS e-book - in publication

2017

“Bone Marrow Aspirate Concentration and its Uses in the Foot & Ankle”

Plemmons BS, Cottom JM

Clinics in Podiatric Medicine - submitted

2017

Foot & Ankle Quarterly*Plantar plate repairs*

Content contributor, May

2017

“Common Sports Injuries of the Foot and Ankle”

Foot & Ankle Grand Rounds – Texas A&M University Health Science Center at

Scott & White Memorial Hospital

2016

“Acute Ankle Deformity Correction”

Grand Rounds – Central Texas Veterans Affairs Hospital, Temple Tx

2016

“Should I reconstruct non-compensating metatarsus adductus deformity in an uncontrolled, neuropathic diabetic patient?”

Shibuya N, Plemmons BS

September - Podiatry Today

2015

“Fireside surgical chat: old school vs. new school showdown”

Panelist, presenter

TPMA annual conference, attendance 230

Houston, TX

2015**“Neurologic disorders affecting the foot & ankle”**

Podiatry Grand Rounds

Scott & White Memorial Hospital

2014**“Side effects of NSAIDs and injectable corticosteroids”**

Podiatry Grand Rounds

Scott & White Memorial Hospital

2014**“Mechanical comparison of fixation techniques for the offset V osteotomy: a saw bone study”**

Guest speaker at NYCPM ACFAS Surgery Club

2010**PROFESSIONAL DEVELOPMENT**6th Annual Foot & Ankle Fellows Meeting**Faculty/Presenter****2017**

Pittsburg, PA

Salto/Salto XT Total Ankle Replacement Certification Course

Certified**2017**

Tampa, FL

Arthrex Foot & Ankle Fellows Course – Cadaveric Foot & Ankle Surgery Lab

Attended**2017**

Naples, FL

Stryker Foot & Ankle Fellows Course – Cadaveric Foot & Ankle Surgery Workshop

Attended 2016

New Orleans, LA

Circular Fixation Techniques Course – Stryker Orthopedics

Attended 2016

Plano, TX

Ankle Arthritis Symposium – Stryker Orthopedics

Attended 2016

Orlando, FL

Arthrex Fellows Course - Cadaveric Foot & Ankle Surgery Workshop

Attended 2016

Naples, FL

ACFAS External Fixation Workshop

Completed 2016

Austin, TX

ACFAS Foot & Ankle Arthroscopy Course

Completed 2015

Chicago, IL

AAFAO Advanced Surgical Fixation Course

Completed 2014

Memphis, TN

AAFAO Comprehensive Surgical Fixation Course

Completed 2014

Memphis, TN

Ankle Fractures – Cadaveric Workshop

ACFAS Annual Scientific Conference

Attended

2014

Orlando, FL

Monday Morning Trauma – Cadaveric Workshop

ACFAS Annual Scientific Conference

Attended

2014

Orlando, FL

Forefoot, midfoot and lateral ankle treatments used for aggressive rehab

Protocols – cadaveric workshop

TPMA Southwest Foot & Ankle Conference

Attended

2013

Frisco, TX

SCHOLARSHIPS AND AWARDS

Merz ACFAS Scholarship

2012

LEADERSHIP EXPERIENCE

Chief Resident

2015-2016

Texas A&M University Health Sciences at Baylor Scott & White

Hospital

Chairman, Fundraising Committee – Central Texas Podiatric Foundation

2014-2015

Organized fundraising events to support resident research and education

Vice President – NYCPM ACFAS Surgery Club

2011-2013

Assisted President with club functions

EXTRACIRICULAR ACTIVITIES

Texas Podiatric Medical Foundation Medical Mission

Resident Physician

San Miguel, Mexico

2015

Provided *pro bono* surgical and clinical care to indigent population

Foot & Ankle Specialist

Peer Reviewer

2017 - present

Reviewer of articles for publication

The Journal of Foot & Ankle Surgery

Peer Reviewer

2014 – 2016

Reviewer of articles for publication

1st Annual Central Texas Podiatric Foundation Golf Outing

Event Organizer/Planner

2014

Fundraising event for foot and ankle research and resident training

Temple Community Free Clinic

Co-leader

2013-2016

Provided podiatric care to underserve patients of Bell County, Texas

NYC Triathlon

Medical Volunteer

2011

Provided medical assistance to athletes

MEMBERSHIPS

American College of Foot and Ankle Surgeons - Associate

Texas Podiatric Medical Association

American Podiatric Medical Association

BOARD CERTIFICATION

American Board of Foot & Ankle Surgery – Qualified

American Board of Podiatric Medicine - Qualified

PROFESSIONAL EXPERIENCE

Bellator Group, Inc. – Venture Capital Investment Company

Project Manager

2008

Lubbock, TX

HOBBIES AND INTERESTS

Family, Golf, Hunting, Fishing, Boating, and Flying